

PERSONA®

Online Personal Development platform for young people

The Persona Life Skills platform is a unique, personality insights approach to Personal Development, for young people from age 13 up. Boost your wellbeing and employability with life skills, while supporting academic achievement.



www.persona-life.com



Develop social-emotional life skills



Boost social, learning and work wellbeing



Build employability and workplace readiness

PERSONA®
LIFE SKILLS



Persona Life Skills helps you navigate your life journey

By understanding your unique mix of personality styles – and that of others – you can adapt how you think, communicate and behave, to achieve the best outcome in different situations.

In Persona Life Skills you will learn to develop 22 Life Skills across six Skillsets, boosting your wellbeing, success in learning and future employability.



1. Being Realistic



2. Communication



3. Open-mindedness



4. Problem Solving



5. Resilience



6. Self-control

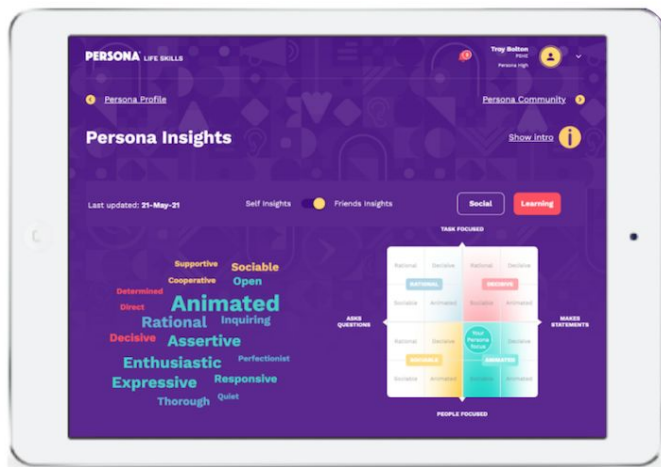
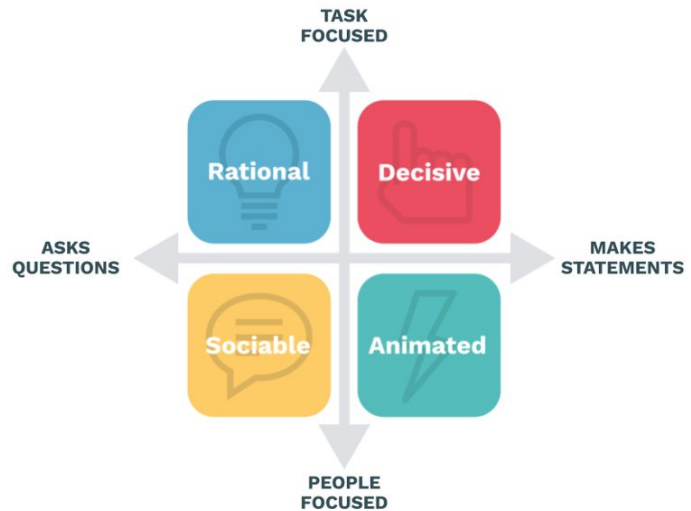
PERSONA®

Self/Friends personality insights

The 'Self/Friends' personality insights framework at its heart makes Persona Life Skills unique. Practical and memorable, it was designed for and with young people.

Answer the Persona Insights quiz to discover your Self insights. Invite friends to answer the quiz about you, to compare how you see yourself with how others view you.

You will receive personalised tips on growth areas to work on, and what to watch out for.



Over 80 learning modules

Social

- Know Yourself
- The Unexpected
- Friends ...and more

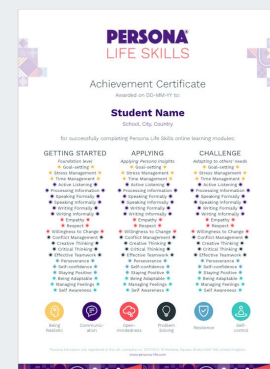
Learning

- Getting Along With Teachers
- Managing Homework
- Preparing for Exams ...and more

Work

- Interview Ready
- First Job
- Leadership ...and more

Earn Life Skills and Life Challenge certificates for completed modules:



Students – get started

Ask your teacher for your Group CODE.



Register at www.persona-life.com

[Privacy Policy](#)



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