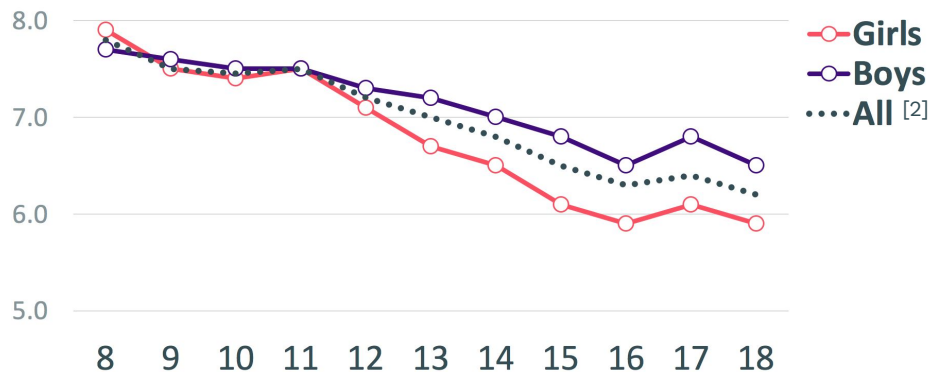


# Wellbeing falls from age 12 and life skills are lacking



*“In an increasingly complex and competitive world, they need ways and means to understand more about who they are and their potential place among their peers and in the world.”*

– Bringing Up Britain, BBC Radio 4, 11-Jul-19

[1] OECD, PISA 2018 Results (Volume III), What School Life Means for Students' Lives; [2] EduKit survey 2018/19; n=45,000 UK children; [3] Google Future of the Classroom report, 2019; [4] Pearson Global Learner Survey, 2019, n=11,083 age 16-70; [5] Career Builder Survey, 2011, n= 2,600 hiring managers and HR professionals.

Loss of agency among UK teenagers is rising alarmingly.

The UK scores lowest in the OECD on pupil life satisfaction.<sup>[1]</sup>

Wellbeing at age 16 is up to 26% lower than at age 8.<sup>[2]</sup>

Global move towards helping pupils develop EQ at school.<sup>[3]</sup>

85% of people want universities to focus more on ‘soft skills’.<sup>[4]</sup>

71% of hiring managers value EQ over IQ.<sup>[5]</sup>

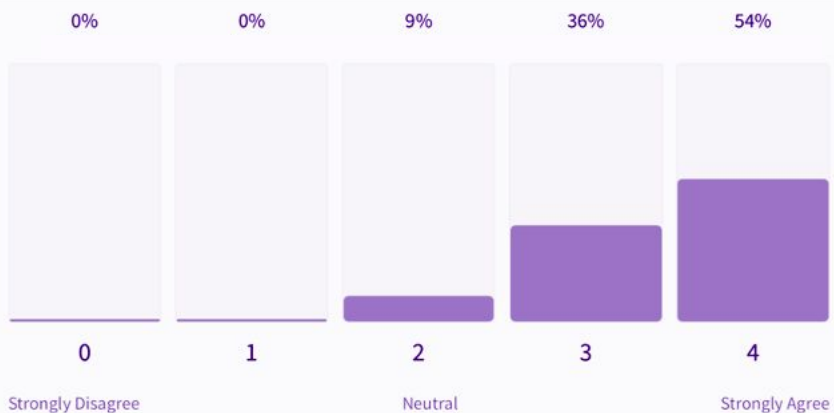
# Research shows developing life skills helps to improve wellbeing

- Educators have growing concerns over the wellbeing of teenagers
- Most agree strongly that life skills are required to support growth in wellbeing

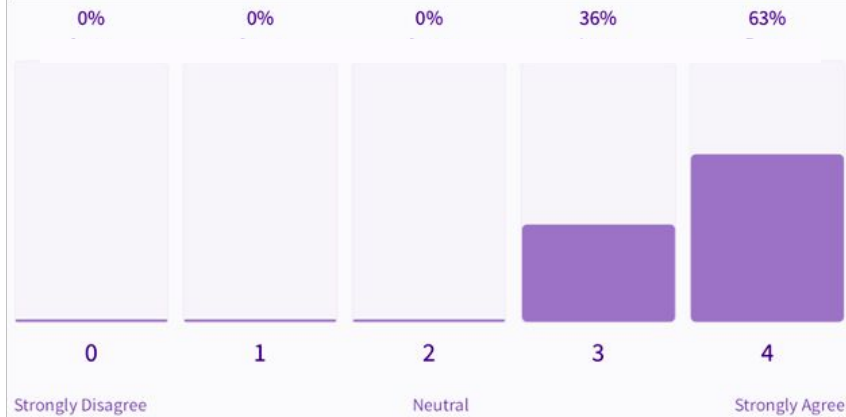
*"We spend more time looking after student wellbeing than anything else."*

*"Students who have good life skills are able to manage themselves and know how to relate to other people."*

## Poor wellbeing amongst teens is a growing concern



## The development of life skills can foster better wellbeing amongst teens



Source: Persona Theory of Change research with UK secondary school headteachers and PSHE leaders, Jan/Feb 2020